



Patient Success Story

Ross Browner

Baptist Nashville Wound Care Center

As an All-American Defensive End for Notre Dame, a College Football Hall of Fame inductee and an 11-year NFL veteran, football has long been a part of Ross Browner's life. But his active lifestyle came to a crashing halt in 2003 when he was bitten on the hand by a brown recluse spider.

Dry skin is a common side effect of the antibiotics prescribed to cure his spider bite. For Ross Browner, a diabetic, this dry skin led to a crack in his foot that resulted in a non-healing diabetic foot ulcer. The ulcer worsened, resulting in bone loss, which threatened to cause the loss of his foot. During this ordeal, Mr. Browner began to coach his son's high school football team. However, he thought the players saw him more as an old man with a cane than the once great Cincinnati Bengal Defensive End.

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Under the guidance of his Orthopedic doctor, Mr. Browner was finally referred to Baptist Nashville Wound Care Center, where he received treatment to help heal his infected foot and the surgical wounds associated with it. "They've just been doing a fabulous job for me," commented Mr. Browner when asked about the Wound Care Center®. "They took it from A to Z. Their expertise is just unbelievable."

The professionals at Baptist Nashville Wound Care Center put Mr. Browner in a cast that would allow his foot to heal properly and prevent further damage as the result of rubbing and friction caused by his orthopedic shoe. Mr. Browner visited the Wound Care Center to have his cast changed and his wounds analyzed – at first twice a week and then progressively less. "They really make sure the wound is clean. They look at it, they analyze it and they measure it. They let me look at it with a mirror so that I can see the progress."

Mr. Browner has returned to an active lifestyle since recovering from his wounds with the help of the Baptist Wound Center. Perhaps more importantly however, he was well enough to celebrate Super Bowl XLIII with his son, Pittsburgh Steeler's left tackle Max Stark.